

Study Skill Inventory

Read each statement and consider how it applies to you. Check Y if the statement applies to you, and check N if it does not. This inventory reflects study habits and attitudes.

1. Y__ N__ I spend too much time studying for what I am learning
2. Y__ N__ I usually "cram" the night before an exam
3. Y__ N__ I study with background noise (TV, Music, Family, etc.)
4. Y__ N__ It is difficult to concentrate (study) for long periods of time
5. Y__ N__ My notes are sometimes difficult to decipher later
6. Y__ N__ I usually write down the wrong material into my notes
7. Y__ N__ I don't review my notes throughout the semester in preparation for exams
8. Y__ N__ When I complete an assigned reading, I find it difficult to remember what I read
9. Y__ N__ I study enough for an exam, but when I get there my mind goes blank
10. Y__ N__ I often get lost in the details while reading and have trouble identifying main ideas
11. Y__ N__ When professors assign papers I feel so overwhelmed that I have trouble getting started
12. Y__ N__ I usually write papers the night before they are due